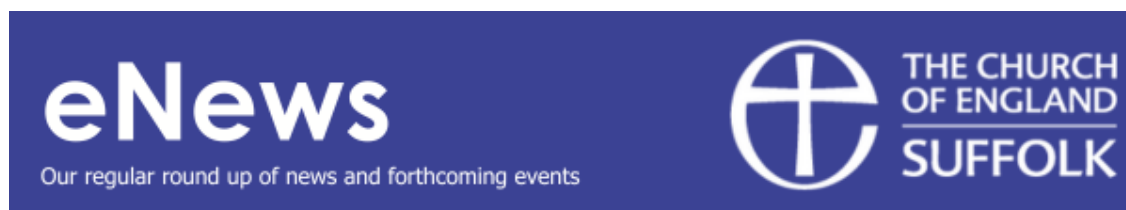


Thursday 18 September 2025**First responder for officers' wellbeing**

Police chaplain, the Revd Stéphane Javelle, says he sees his role as a first responder for officers, staff and the public – a reliable listening ear there to help support their wellbeing. His role is to support their pastoral, emotional and spiritual needs, as well as members of the public, those in custody and their families. *"I'm there for everyone – and a kind of first responder for the officers to help with their wellbeing,"* he

said. *"We have the official Trauma Risk Incident Management (TRIM) process, which helps manage the welfare needs of the officers, but I am here and available whenever they need me. Nothing is recorded in our meetings, so they can speak completely freely in confidence, unless there are any safeguarding concerns. But I am here for all – for our officers, staff and for those brought to the police station or who are in custody".*

Every day Stéphane attends the station, he first goes round the building saying hello to everyone, often bringing in some tasty treats for the officers and staff to tuck into on their break. He then goes to the police briefing, of which he has clearance to attend, to find out what operations will take place and where the officers will be. He said he also gets the opportunity to go out with officers on patrol. As well as his role as a police chaplain, Stéphane is also Rector of Stoke-by-Nayland Benefice with Leavenheath and Polstead, and Nayland with Wissington. He said: *"Sudbury police station is 20 minutes from my patch, so it was the perfect fit."*

[Read the full story here.](#)

Generosity Week is in a fortnight's time!

Starting on Sunday 28 September and running to Sunday 5 October, Generosity Week is almost upon us. We've heard from lots of churches and dioceses about their plans for Generosity Week and are so glad that it's inspired and encouraged people to explore this important part of discipleship.

But even if you're not quite there for this year - all is not lost. Take a look at this [final 2025 newsletter here](#) and pick 'Just One Thing' to start the generosity ball rolling in your



church. Or have a look at the [national resources available for Generosity Week](#) - the purpose is to encourage a generous culture within churches, so that churches can grow their ministry for generations to come. The materials enable you to deliver your own Generosity Week at times suitable for you. Further resources are available on our Insight [here](#).

New for this year, Cheeky Pandas™ will explore the idea of 'Godly Generosity', looking at how children can use their 'Time, Talents and Treasure' to grow the kingdom of God here on earth. Watch the video trailer [here](#) and make sure you're [signed up for emails](#) to be the first to hear when the final shows and song video are ready to share.

PGS Digital Transformation Update on Downtime

The Parish Giving Scheme has confirmed the revised downtime dates for the PGS website:

- PGS website will be taken offline from 3.00pm Monday 13 October, remaining unavailable until the new system launches on Thursday 30 October.
- During this time, the PGS will be unable to register or amend regular or one-off gifts.
- Those using contactless devices connected to PGS will be unaffected.
- The PGS will begin communicating with givers from Tuesday 16 September.
- In preparation for the launch please download any historic statements you require.
- Updates will be shared via email to Statement Receivers and Givers over the coming weeks, so please keep an eye on all communications from PGS to stay informed.

If you need any help or assistance please contact the PGS directly info@parishgiving.org.uk or the diocesan Parish Resources Team pgs@cofesuffolk.org

Together we Pray returns: Together we Pray restarted last Monday led by Archdeacon Rich and the Revd Canon Sharron Coburn. Sharron continues this week in the lead up to the Called Together service where we celebrate lay ministry and support those being newly licensed at the Cathedral on Saturday 27 September. Please do make sure to join in for the morning prayers on the [Bishop's Facebook page here](#) each morning!



Together we pray with the Revd Canon Sharron Canon in readiness for Called Together.

Growing Younger eNews – Stay Connected in Ministry

Are you involved in children's or youth ministry—or simply passionate about helping young people grow in faith? Growing Younger eNews is a new half termly email designed to support and inspire those ministering to children and young people. Each issue includes:

- 🎓 Training opportunities
- 📁 Resources
- 💛 Networking news

Whether you're a seasoned leader or just starting out, this eNews is for you. [Click here to sign up today](#) and be part of a growing movement to nurture faith in the next generation.

Mission and Ministry Events

Living the Story- Exploring Our Vocation Together | Tuesday 23 September, 7.00pm - 8.30pm | Earl Stonham Village Hall, Stowmarket IP14 5HJ



The first of four free in-person sessions exploring God's call on our lives to love and serve him. Each session will be rooted in the scriptures and some of the topics we'll be thinking about are: How does God call? Who does God call? How does God speak to us? and How do we listen to God? The course will be led by the Ven Vanessa Herrick and our Diocesan Director of Ordinands, the Revd Canon Stuart Batten, and is intended for everyone

– whatever stage of the vocation journey you are at. The sessions are all on Tuesdays from 7.00 – 8.30pm on 23 September, 30 September, 14 October and 4 November. To book please visit Insight [here](#).

Called Together 2025 | Saturday 27 September, 3.30pm | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

Our annual service to celebrate licensed lay ministry in the Diocese. Every year we gather at the Cathedral to support those being newly licensed by the Bishop, and also to join with existing licensed lay ministers from across the Diocese to celebrate and thank them for their ministry. Everyone is welcome! Please [Book here](#) so we know numbers for refreshments after the service.

Enhancing Worship | Starting 1 October, 7.30pm | Earl Stonham Village Hall, Earl Stonham IP14 5HJ

An exploration of the nature of worship and varieties of worship in the Church of England. This six-week module provides an opportunity to explore the nature of worship, varieties of worship in the Church of England, and the practical skills needed to both design and lead acts of worship. These acts of worship may be in parish churches or new worshipping communities, seek to be inclusive of all ages and backgrounds and enable all to live confidently as disciples in everyday life. Different speakers with expertise in various types of worship will deliver teaching, and each session begins with a different style of worship. Sessions take place on 1 October, 8 October, 15 October, 22 October, 5 November and 12 November. [Book here.](#)

Lay Elder Training and Social Morning 2025

Saturday 11 October, 9.00am | The Salvation Army Hall, Stowmarket IP14 1NE

We are delighted to invite you to an Elders' training and social morning. As part of our two-year cycle of training and celebrating, we are holding an Elders training and social morning with special guest speakers from across the Diocese. The workshops have been designed to help and resource you in your ministry. We are also very pleased that our keynote speaker will be the Ven Dr David Jenkins, Archdeacon of Sudbury. To register, please [click here](#).

Line Management Skills for Incumbents | Wednesday 15 October, 10.00am | The Sanctuary, Diocesan Office, Ipswich IP1 1UQ

A training day exploring good people management practice for incumbents who manage employees such as administrators, children's and families' workers, youth workers, and others. Led by the Diocese's People Director, Penny Longford, and Diocesan Mission Enabler, the Revd Katie de Bourcier, it will explore good practice and employment law to help you manage people well so that they flourish in their roles and contribute to the life and growth of their parish(es). Only 20 spaces are available, to book click [here](#). Please ensure you are logged into Insight to book this session. For further information please contact Vanessa Kidd, vanessa.kidd@cofesuffolk.org or call 07394 568406.

Chaplaincy Day | Tuesday 21 October, 9.30am to 3.30pm | All Saints' Church, Kesgrave IP5 1AA

We are holding a Chaplaincy Gathering for chaplains in service across Suffolk in all sectors – a fantastic opportunity to network with others. The keynote speaker will be The Revd Canon (Sqn Ldr) Matt Buchan, Station Chaplain at RAF Marham. Other chaplains and diocesan staff will also be providing input. Registration begins at 9.30am when you will be



welcomed with coffee, then the first session will begin at 10.00am. A light lunch will be provided. Please sign up [here](#) and share this link with your chaplaincy team so they can register and join us too.

Handling Conflict Constructively

Monday 3 November, 9.00am - 4.30pm | Lavenham

Village Hall, Sudbury CO10 9QT or

Saturday 17 January 9.00am - 4.30pm | Saxmundham

Church Hall, Saxmundham IP17 1ES

As part of the commitment to equip Church Leaders for the challenges of ministry, we are running two separate Bridge Builders 'Handling Conflict Constructively' training days. The days will start at 9.00am with welcoming drinks, with the course starting promptly at 9.30am. Lunch is included. For more information on Bridge Builders as an organisation [please see their website](#).

Places are free of charge but numbers are limited and are being offered on a first-to-respond basis. If you would like to take up the offer of this valuable training, please book the date and let us know if you can make the alternative date, if necessary. To register please [click here](#).

Clergy and spouse Preparing for Retirement Retreat Day | Thursday 13 November, 10.00am | Pleshey House of Retreat, Pleshey, Chelmsford CM3 1HA

By popular request from those who have attended our Clergy Preparing for Retirement Conference, we warmly invite clergy who have reached the age of 60yrs and their spouse to this additional event. Enjoy a day together in the quiet surroundings of Pleshey Retreat House that may help you – practically, psychologically and spiritually – prepare for this next transition in life. The day will include professional input from a psychotherapist and guest speakers. For more information please [click here](#).

Introduction to Preaching | Starting Saturday 22 November, 9.30am | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

Preaching is just one way by which we can grow in depth as disciples of Jesus Christ. In the Church of England this is a public ministry and a vital part for those exploring faith who visit on a Sunday or attend a baptism, wedding, or funeral. Equally those who are attracted to an activity of a new worshipping community event can benefit from an opportunity to hear the word of God explained and applied to living out faith in everyday life. If this is something you feel called to then we want to encourage this gifting by offering an accessible means to enter this ministry. The course runs on 22 November, 24 January, 7 March, 20 June and 11 July. For more information, [click here](#).

Theological Refreshment in Ministry (TRiM) 2025 | *Wisdom from the Desert: A Reflective Retreat Inspired by Charles de Foucauld, Carlo Caretto and the Desert Fathers* | 10.00am Monday 24 November - 2.00pm Tuesday 25 November | The House of Retreat, Chelmsford CM3 1HA

Immerse yourself in stillness, community, and spiritual insight. This retreat for clergy and

Licensed Lay Ministers will be led by the Revd Canon Stuart Batten and offers space to explore life lessons drawn from the spiritual writings of Charles de Foucauld, Carlo Caretto, and the Desert Fathers. You'll experience time for personal reflection rooted in desert spirituality and sacred themes, with quiet times to allow for rest or solitude or to walk and spend time in nature. There will be time in community; time to talk and share, to pray, eat and contemplate. [Book here.](#)

Events

Church of England Talk Series | All starting at 7.30pm | Ipswich Minster IP1 3BN or on YouTube [here](#)

Join this new talk series offering a blend of established and emerging theologians, writers and commentators, all exploring what a good Church of England should look like for the nation it seeks to serve.

Thursday 25 September | Fr Dragos Herescu, Cambridge Institute for Orthodox Christian Studies | *Ecumenism: a perspective from the Orthodox Church*

Wednesday 15 October | The Revd Dr James Hawkey, Canon Theologian of Westminster Abbey | *The English Constitution*

Wednesday 12 November | Miriam Lorie, Rabbi of Kehillat Nashira | *A perspective from Judaism*

Wednesday 26 November | The Revd Kiran Lotay, Mission Priest | *Urban Estates*

There will be a Q&A session after the talk and for those attending the Minster refreshments will be served. All welcome, no booking required. To find out more please visit [Ipswich Minster on Facebook here](#).

Study Day on the Book of Esther from the Old Testament | Saturday 20 September, 10.00am to 4.00pm | St Nicholas Church, Felixstowe IP11 9RZ

This study day, led by the Revd Penny Brinkley, will be an opportunity to look at the book of Esther with modern day eyes. It is a short book of just 10 chapters sandwiched between the books of Nehemiah and Job. It never mentions God but has a sense of God running throughout it. Cost £25 to include all refreshments, fish and chips lunch (or vegetarian alternative) and cake. To book please visit www.larkriseretreats.org or call Lark Rise Retreats on 01394 284213. Please download this [flyer](#) for all the retreat dates this Autumn.

Sharing The Joy of Christmas with Children, Young People and Families

Monday 22 September, 12.00pm | Zoom

Looking for ways to reach children, young people and families this Advent and Christmas? Explore this year's Advent and Christmas theme, *The Joy of Christmas*, through a series of informative webinars that will give you plenty of ideas, as well as unpacking the resources available for churches, schools and individuals. [Book here](#)

LoveRural - National Rural Mission Conference 2025 | Monday 22 September, 11.30am and Tuesday 23 September, 3.00pm | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS



Join the Diocese of St Edmundsbury and Ipswich for this national gathering to thank God for the ways in which he is making new disciples in rural contexts and reflect on key learning. This event will bring together senior leaders, pioneers, rural resource church leaders and other partners. We will share learnings from rural Strategic Development Funded (SDF) projects, including Suffolk's

"Growing in God in the Countryside" and the national "Rural Resourcing Church Learning Community". There will be opportunities to connect and pray with others and explore developments in rural mission. [To book please click here.](#)

Hope in Action | Wednesday 24 September 7.30pm-9.00pm | Webinar

As part of their 80th anniversary events, Christian Aid is inviting supporters to a special webinar – looking back on eight decades of hope in action. Hear remarkable stories from the past 80 years, of supporters, partners, programmes and achievements. Please share the invitation with others and sign up for a place by visiting: [80th Anniversary Webinar - Christian Aid.](#)

Eco Church Support | Zoom | Tuesday 30 September, 6.00pm to 7.00pm

Come along to hear about the opportunities for improving churchyards for biodiversity and how they can be used for Forest Church. Register here: elydatabase.org/events

Association of Church Accountants & Treasurers (ACAT) Block Membership and Courses

The diocese offers free ACAT membership for all our parish treasurers, to access the free membership please contact julie.podd@cofesuffolk.org for details. ACAT provides lots of useful information for treasurers including helpful online training which you can access once you are registered. Some courses coming up are listed below:

The Church Treasurer: Insights into the Role and Responsibilities – Tuesday 30 September, 7.00pm–8.00pm

Being a Treasurer: The Basics – three-part course, Thursday 2, 9 and 16 October, 7.00pm–9.00pm

Gift Aid: Maximising the Benefits and Reducing the Pitfalls – Monday 24 November, 6.45pm–8.45pm

Register with ACAT first and then you can book your courses at www.acat.uk.com/training-events.

Ignite Webinar

Tuesday 7 October 2025, 7.00pm | Online

Authors Debbie and Patrick Ellisdon will present the highly acclaimed, tried-and-tested, Ignite project. Attendees will experience how an Ignite session works, hear a short history of how Ignite was created and hear a leader's perspective on what it's like to run Ignite. There will be a video about Ignite and there will be time to ask questions. [Book here.](#)

PCC Workshops | Zoom

You are invited to join topic-based one-hour meetings led by Diocesan staff and parish experts on Zoom. Suitable for Treasurers, Churchwardens, PCC members and administrators, as well as clergy and LLMs. Each session will involve sharing information and a short presentation. Here are the details of the workshops:

Gifts in Wills | 12.00pm, Thursday 23 October | [Book here](#)

Digital Giving | 12.00pm, Wednesday 12 November | [Book here](#)

Friends | 1.00pm, Thursday 13 November | [Book here](#)

Talking Toddlers | Thursday 23 October, 10.00am -11.30am, Webinar

Join Hope Together to explore how to make Christmas a welcoming and inclusive time for every child aged 0-4. Exploring how toddler groups can create simple, accessible celebrations - especially for children with additional needs. [Please sign up here.](#)

Church Heating Q&A | Zoom | Thursday 23 October, 7.30pm to 8.30pm

Come along to this session to learn about the impact of moving to electric heating in your church, digging into the detail of running costs, and how to go about choosing the right system. This session is for anyone in the Dioceses of Ely, Norwich, Chelmsford, St Albans and St Edmundsbury and Ipswich. [Register here.](#)

Talking Money: Preaching and Teaching Generosity | Thursday 23 October, 12.00pm - 2.00pm | Online

The aim of this one-hour session is to equip clergy to teach and preach about giving - to encourage a deepening of discipleship in believers and to stimulate a culture of generosity within churches as they outwork their vision. We will explore the spiritual foundation of giving in scripture and introduce you to a variety of resources to support small groups within churches as they explore and deepen their own experience of generosity. The session will be run by Jonathan de Bernhardt Wood, the Director of Giving and Income Generation and the Regional Giving Advisor Team from the Church of England's Giving Directorate. [Book here.](#)

Digital Surgeries

Join members of the Parish Resources Team to find out more about enhancing the digital giving presence in your parish. Come along and have a one-to-one session with one of our Giving Advisors to find out about purchasing or borrowing a contactless device, setting up online giving (including QR codes), get your contactless device repaired or updated with new campaigns, and finding out how to have an effective online giving presence on your ACNY or website pages. For more information email [Emma Denton](#), Diocesan Giving Advisor.

Wednesday 5 November - Diocesan Office, 4 Cutler Street, Ipswich from 2.00pm - 4.00pm | [Book here](#)

Tuesday 18 November – St Edmundsbury Cathedral from 10.00am - 12.00pm and 2.00pm - 4.00pm | [Book here](#)

Church Community Services and Events

Annual Remembering Service | Saturday 20 September, 3.00pm | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

This special service will take place for all who have experienced the death of a child, whatever their age and whatever the cause. This is an annual service of readings, music and prayer. All are welcome, from all faiths or none. Space is given to remember, grieve and find connection with others who have experienced a similar loss. If you have experienced the death of a child, help and support is available via organisations such as: West Suffolk Sands: www.sands.org.uk and Cruse Bereavement Support: www.cruse.org.uk.

Choral Evensong - 25th anniversary of the ordination to the priesthood of 'cohort A' of the Ordained Local Ministry Scheme | Tuesday 23 September, 5.30pm | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

Come along to this special evensong service marking the 25th anniversary of the ordination to the priesthood of 'cohort A' of the Ordained Local Ministry Scheme. As either a member of cohort A, or someone who was involved with the Ordained Local Ministry Scheme at that time, we would be delighted if you would join us. There is no need to RSVP - simply come along and take a place in the quire for the service.

United in Solace and Grace Services | Sunday 28 September, 6.00pm | St Mary the Virgin, Burstall IP8 3DP and Sunday 30 November, 6.00pm | St Mary, Virgin and Mother, Chapel St Mary IP9 2EL

United in Solace and Grace is a series of reflective church services which are designed to reach out to survivors of abuse **of all kinds**, their families, supporters and professionals. To find out more about the type of services they are please visit the [website here](#).

Annual County Harvest Festival Service | Sunday 5 October, from 11.00am | St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

We would love you to join us at the Cathedral for a wonderful celebration of Harvest in our glorious county. The Harvest Festival brings Suffolk together to give thanks for what has been gathered from land and sea, showcase the excellence of Suffolk's culinary delights and collect provisions for local foodbanks. There will be farm animals and machinery on the Edmund Green, outside the Cathedral, from 11.00am, and food and drink will also be available to purchase. Our Harvest Service will then take place at 3.30pm inside the Cathedral. The service at 3.30pm will include the reception of the Love British Food Harvest Torch, interviews with Suffolk farmers, live sheep and well-known harvest hymns. For more information or to book a stall please contact: [Graham Miles](#), Diocesan Agricultural Chaplain 07413 683368.

Homelessness Sunday | 5 October

This year, the Homelessness Sunday theme is '**Love thy neighbour**'. With rough

sleeping continuing to rise, the aim is to raise awareness of the issues surrounding homelessness. Latest Government data (published by the Ministry of Housing, Communities and Local Government in March) which covers all of England, states that there were 3,438 people estimated to be sleeping rough on a single night in March 2025 - up by 70 people or 2% since December 2024 and up by 332 people or 11% since the same period last year. By taking time to reflect on Homelessness Sunday, church congregations could consider what they can do in their own community to alleviate homelessness, suffering and poverty. [Please find the resources here](#) to support church communities if you would like to run your own Homelessness Sunday Service at a time to suit you.

Mendlesham Armoury Conference | Saturday 11 October, 10.30am | Mendlesham Primary School, Stowmarket IP14 5RT

Come along to an exciting day including presentations by eminent historians, armour specialists and volunteers of the Armoury Research group, funded by a grant from the National Heritage Lottery Fund. Cost of the day is £40, including coffee and lunch, and will conclude in the church with visits to the unique Tudor armoury led by Toby Capwell.

All Saints' Patronal Festival | Saturday 1 November, 4.00pm - 7.15pm | All Saints' Church, Sudbury CO10 2BN

A celebratory full peal will be rung on All Saints' bells to commemorate the 150th anniversary of the casting of the church's own tenor bell. More importantly, this also marks the 80th anniversary of the end of World War II. The following day, All Souls' Day, will be commemorated at the church's Sunday service.

Safeguarding Sunday | 16 November

This initiative, spearheaded by Thirtyone:eight invites communities to come together to reflect on their safeguarding journey, and highlight all the good work that is being done to create safer places. [Find out more about Safeguarding Sunday and read our Frequently Asked Questions](#). Last year over 5,000 churches took part in Safeguarding Sunday, with an estimated reach of 250,000 people. This year, can we make an even greater impact to vulnerable people across the UK. If you [register](#) you will have access to lots of free digital resources to help make your event a success including sermon ideas, children's talks, intergeneration service ideas, bible study, videos, victim-survivor support and much more!

Notices

Articles of Enquiry: Each year we ask churchwardens to fill in a short survey about their church and parish. The survey provides a useful insight into current church life across Suffolk. The survey is available now until the end of September to complete on the Online Parish Return System (OPRS) and can be accessed [here](#). If you have any queries completing the survey, please email statistics@cofesuffolk.org

Grants for Church Bells | Adrian Knights fund: The Suffolk Guild of Ringers, the

charity which looks to cherish church bells and ringing in the Diocese, is very fortunate to have received a significant bequest in the will of a late ringer, Adrian Knights, for the purpose of augmenting rings of bells in the Diocese to eight or more. Please see this open letter addressed to all PCCs ([download the letter here](#)). The Guild would like to hear from any churches interested in benefiting from such a generous legacy. Email Tim Hart, treasurer@suffolkbells.org.uk or call 07786 656723, to register an interest in this unique and exciting opportunity.

Living alongside bats in churches - funding: Many of our churches share their space with bats. They are not always welcome, but they are protected, and the Bat Conservation Trust recognises that regular clearing up is needed. To this end, it has some funding available for small grants to purchase equipment and products to address churches' clean-up needs. Please [click here](#) for further information. You have until the end of October to apply.

eNews trial: Over the next couple of weeks we will be experimenting with new sub headings and display methods to present our information in our eNews. If you would like to provide feedback please email [Vanessa Kidd](#). We are working towards developing eNews in the coming months and if you would like to be involved in a focus group to help guide us with our changes please email Vanessa. Thank you.

Vacancies

[House for Duty Team Vicar](#) | Lark Valley and North Bury Team | Closing date: 24 September

[Children and Families' Worker](#) | All Saints', Sudbury | Closing date: 26 September

[Organist and Assistant Director of Music](#) | Ipswich Minster | Closing date: 26 September

[Vicar](#) | St Peter & St Mary's Church, Stowmarket | Closing date: 28 September

[Children and Families' Worker](#) | Alde Sandlings Benefice | Closing date: 30 September

[Part time Associate Priest](#) | Carlford Benefice | Closing date: 10 October

[Team Vicar & Associate Priest](#) | Blyth Valley Team Ministry | Closing date: 10 October

[Team Vicar](#) | Forest Heath Team Ministry | Closing date: 15 October

[DAC Chair](#) | Voluntary Role | Closing date: 30 November

Treasurer | All Saints' Church, Thorndon | Closing date: 30 November | Please [email here](#) for more information.

[Risk, Audit and Review Committee Chair](#) | St Edmundsbury Cathedral

[Team Vicar](#) | Sole Bay Team

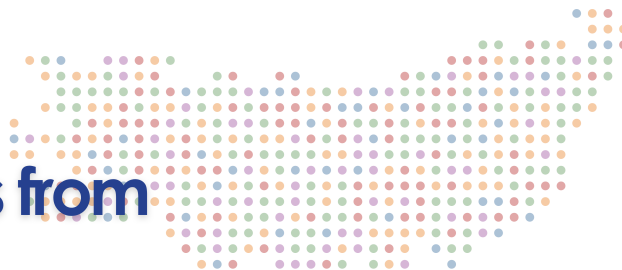
[Associate Chaplain](#) | Sizewell C

Part-time Youth Worker | All Saints' Church, Ipswich | Please [email here](#) for more information

Click here to print and share with others



Watch our stories from around Suffolk



Copyright © 2025 Diocese of St Edmundsbury and Ipswich, All rights reserved.

This email is generated from the Communications Office at the Diocese of St Edmundsbury and Ipswich

Our mailing address is:

Diocese of St Edmundsbury and Ipswich, 4 Cutler Street, Ipswich, Suffolk, England IP1 1UQ

[Add us to your address book](#)

[unsubscribe from this list](#) [update subscription preferences](#)

This email was sent to lauren.bridgewater@cofesuffolk.org

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Diocese of St Edmundsbury and Ipswich · St Nicholas Centre, 4 Cutler Street · Ipswich · Suffolk, England IP1 1UQ · United Kingdom