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Peace

That hour on a Sunday morning is a point of *peace in the week*.

René Moor, Optician St Michael's Beccles congregation

René rediscovered church in his 30s and, like many of us, had to find courage to come in. What would he find behind those big oak doors?

He received a warm welcome and now loves the routines and reflection church allows in his increasingly pressurised life.

Not just the services, but being part of a community of people who are guided and enhanced by their faith.

Visit cofesuffolk.org to find out more about the church in Suffolk, and how you can get involved.



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