

# Fruit of the Spirit: PEACE

**There are nine fruit of the Spirit. Each fruit of the Spirit links to different Christian values and has 12 days of CW.**  
*With thanks to staff at All Saint's CE Primary School in Newmarket for the wonderful idea!*

**Background Notes:** The fruit of the Spirit are found in the book of Galatians, which is part of the New Testament in the Bible. The letter to the church in Galatia was written by Paul. Christians believe that the Bible says that the moment someone chooses to believe in Jesus Christ they receive the Holy Spirit. The Holy Spirit's help make Christians more like Jesus. One of the main purposes of the Christian life is to progressively allow the Holy Spirit to produce more of His fruit.



**Key Bible verse:** But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law. (Galatians 5 v 22 and 23)

## Resources

Lion Storyteller Bible by Bob Hartman  
Hey-O! Stories of the Bible by Saddleback Kids

## Consider...

- Learning the BSL for each fruit of the Spirit.
- Interspersing your CW with a focus on a different festival, theme or learning more about courageous advocacy.

## Fruit of the Spirit Songs

Silly, catchy and useful to help remember the fruits!

<https://www.youtube.com/watch?v=X-hrxEjWxkE>

<https://youtu.be/Rezg4jYFoj0>

<https://youtu.be/xWoWDdeD-ns>

## How can we link the fruit of the Spirit to our school Christian values?

**Love:** Friendship, Trust

**Patience:** Perseverance, Wisdom

**Faithfulness:** Truth, Hope

**Joy:** Thankfulness, Courage

**Kindness:** Generosity, Service

**Gentleness:** Compassion, Humility

**Peace:** Respect

**Goodness:** Creativity, Responsibility

**Self-Control:** Justice, Forgiveness



# PEACE

## LISTEN:

[Peace](#) – This song talks about Peace being a promise from God that He keeps.  
[Be Still for the Presence of the Lord is Here](#) – This hymn talks about being still and peaceful in God’s presence.

	Key message	Bible	Engage and Response: Christians believe...
1	<b>Fruit of the Spirit: Peace</b>	<b>Galatians 5 v 22 and 23</b>	What is peace? Sometimes people describe peace as the absence of war. The Hebrew word for peace is ‘shalom’ and it has a deeper meaning. Shalom includes ideas of healing and health, wholeness, and well-being. It means harmony, stability, and security within a community. It refers to relationships based on truth, where people flourish because they are nurtured. To be peaceful, and to experience shalom, it means we are full of peace! Look at a picture of a dove and talk about it being a symbol of peace. <a href="#">Watch this video</a> . We can pray to grow in peace. Perhaps that’s something you’d like to do? If you’d like to join in, use the EXAMEN prayer to reflect on peace. 1. GIVE THANKS for all the times you have felt peaceful. 2. ASK FOR HELP in growing in peace. 3. REFLECT on what peace means and say the word Shalom in your head. 4. SAY SORRY for God for anything on your mind. 5. DECIDE on how you can take moments of peace each day.
2	<b>Jesus brings peace</b>	<b>Prince of Peace: Isaiah 9:6 Jesus brings peace to the storm: Luke 8:22- 25</b> Lion Storyteller Bible p98. Hey-O! p256.	Have a look at Isaiah 9:6 together. Isaiah was a prophet who wrote about things that were going to happen in the future. He wasn’t just guessing – he knew because God had told him. In this passage, he is talking about Jesus. What does he call him? Jesus was called the prince of peace because his father God was the true king of peace. In today’s story, Jesus was on a boat with his disciples. There was a huge storm, but Jesus knew what to do. He used God’s power to bring peace. <a href="#">Watch this video</a> . Sometimes in life, we feel as if we are on a little boat out in the middle of a great storm. What does that mean? For Christians, it is important to remember Jesus can calm the storms of our life, just as he once calmed the Sea of Galilee. We can pray, if we’d like to, for God to help us know his peace and for others to know God’s peace too.



<b>3</b>	<b>Jesus brings peace</b>	<b>Jesus heals a sick woman: Luke 8:40-56</b> Lion Storyteller Bible p100 (first part) Hey-O! p261-265	Last time, we learnt that Jesus is the prince of peace who can calm nature. In this story, he brings peace by using God's power to heal people. <a href="#">Watch this video.</a> The lady was very unwell, but she had a strong faith. She knew that if she touched Jesus' robe that she would be healed. Jesus felt someone touch him because he felt God's power go out from him. He wanted to say to the woman those important words: "Go in peace." What do you think this means? We can tell each other to 'go in peace too.'
<b>4</b>	<b>Blessed are the peacemakers</b>	<b>The sermon on the mount Matthew 5-7</b>	The sermon on the mount is all about the message Jesus gave to people. In his sermon, Jesus said that he wanted people to be 'peacemakers' – what do you think this means? <a href="#">Watch this video.</a> The passage in the Bible says, "Blessed are the peacemakers for they will be called children of God." We can all be peacemakers – think about how you could do this today. What does it mean if the peacemakers are blessed?
<b>5</b>	<b>Desmond is a peacemaker: Forgiveness brings peace</b>	<b>Desmond and the Very Mean Word</b> – use the book or search online for a video of someone reading it.	Today's story isn't from the Bible, but it is a true story about a man named Archbishop Desmond Tutu. It is a story from when he was growing up and it talks about a time when he was a peacemaker, even when he had strong feelings telling him not to be. He knew he had to forgive the boy. As Desmond Tutu grew up, he continued to be a peacemaker and helped to bring peace between different groups of people in South Africa. Jesus says that people like Desmond are "blessed" and a "child of God" because they are peacemakers.
<b>6</b>	<b>Esau is a peacemaker: Forgiveness brings peace</b>	<b>Jacob and Esau: Genesis 25, 33</b> Lion Storyteller Bible p18. Hey-O! p44.	Peace comes through forgiving others and repenting. Can you remember what repenting means? <a href="#">Watch this video.</a> When Jacob was ready to return, he was extremely nervous. How could he be at peace with his brother, when he had done so many wrong things? Would they be able to live peacefully? When they met, what did Esau do? This is a beautiful example of peace between two brothers after years of being angry and apart!
<b>7</b>	<b>Abigail is a peacemaker: Don't fight, be kind instead!</b>	<b>Abigail the peacemaker: 1 Samuel 25:2- 35</b>	During the time King David was running from King Saul, he sent some of his men to ask a landowner named Nabal to share some food and supplies. Nabal was mean and said no and insulted David, who told his men to get ready to fight. But Nabal's wife Abigail was wise and kind! <a href="#">Watch this video.</a> She took David supplies and food and encouraged him not to attack Nabal in revenge, she encouraged him to be peaceful. David thanked her for stopping the attack and keeping the peace! Sometimes it can be good to have help from others...I wonder...do you need someone in your life to bring peace or be a peacemaker?
<b>8</b>	<b>Peace around the world</b>	<b>CAFOD resources</b>	Use these resources to learn and reflect on peace in El Salvador. <a href="https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy">https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy</a>



<b>9</b>	<b>Peace that passes all understanding</b>	<b>Philippians 4:7</b>	Read the Bible verse together. This is from another book written by Paul. Christians, like Paul, believe that God's peace "surpasses all understanding" – talk about what this means. You might also hear that it "passes all understanding" or "transcends all understanding." Paul also says that God's peace will "guard your hearts and your minds" – how can it do that? Listen to <a href="#">this song</a> . Would you like to pray that God's peace will guard your heart and mind? Is there anyone else you'd like to pray that for?
<b>10</b>	<b>Peace in our school</b>	<b>Romans 12:17-18</b>	As soon as we say the word 'peace,' what does it make you think of? I wonder...what picture you get pop up into your head? What situations today can you think of where people need to find peace? Perhaps you have heard about situations in the world where there needs to be more peace. If appropriate, discuss them together. What do you think a school that's full of peace would be like? What can you do to make this school a more peaceful place? Read the Romans verses together: 'Try to earn the respect of others and do your best to live at peace with everyone.' I wonder...do you currently live at peace with everyone? if you'd like to, you can pray or think about how everyone in your class and school can live at peace together. Listen to <a href="#">this song</a> and/or to <a href="#">this song</a> .
<b>11</b>	<b>Jesus is peaceful... even when he is being arrested!</b>	<b>The arrest of Jesus: Matthew 26:47-56</b> Lion Storyteller Bible p138.	In his last days. Jesus was arrested. The guards were rough with him and hurt him so he could have chosen to be violent back. Read the story in the Lion Storyteller Bible. Jesus tells us that violence only breeds more violence and instead he chooses the way of peace. Being a peacemaker means to follow the example of Jesus. To seek out peace, do what you can to not return violence with violence, or hurt with hurt. In the middle of the situation, you can choose to pray about it in your heart, if you'd like to and trust that God will help you to be peaceful, just like Jesus was.
<b>12</b>	<b>God's peace</b>	<b>John 14:27</b> <b>Psalms 46:10</b>	Jesus said the following to his people, and Christians believe that it is still true today. Read the words from the book of John together. "I leave you peace. My peace I give you. I do not give it to you as the world does. So don't let your hearts be troubled. Don't be afraid." Talk about what they mean. Does your heart ever feel troubled or are you afraid? What could you do when you feel like this? Christians have God's peace available to them, a peace that is greater than anything the world offers. Jesus promises to leave God's peace with his people, so they don't need to be afraid or worried. Read the verse from Psalms too. You could spend time drawing a dove, which is a symbol of peace, and writing a prayer or thought about peace inside it. You could listen to <a href="#">this song</a> from the Watoto choir and reflect on the lyrics.