

# Fruit of the Spirit: GOODNESS

**There are nine fruit of the Spirit. Each fruit of the Spirit links to different Christian values and has 12 days of CW.**  
*With thanks to staff at All Saint's CE Primary School in Newmarket for the wonderful idea!*

**Background Notes:** The fruit of the Spirit are found in the book of Galatians, which is part of the New Testament in the Bible. The letter to the church in Galatia was written by Paul. Christians believe that the Bible says that the moment someone chooses to believe in Jesus Christ they receive the Holy Spirit. The Holy Spirit's help make Christians more like Jesus. One of the main purposes of the Christian life is to progressively allow the Holy Spirit to produce more of His fruit.



**Key Bible verse:** But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law. (Galatians 5 v 22 and 23)

## Resources

Lion Storyteller Bible by Bob Hartman  
Hey-O! Stories of the Bible by Saddleback Kids

## Consider...

- Learning the BSL for each fruit of the Spirit.
- Interspersing your CW with a focus on a different festival, theme or learning more about courageous advocacy.

## Fruit of the Spirit Songs

Silly, catchy and useful to help remember the fruits!

<https://www.youtube.com/watch?v=X-hrxEjWxkE>

<https://youtu.be/Rezg4jYFoj0>

<https://youtu.be/xWoWDdeD-ns>

## How can we link the fruit of the Spirit to our school Christian values?

**Love:** Friendship, Trust

**Patience:** Perseverance, Wisdom

**Faithfulness:** Truth, Hope

**Joy:** Thankfulness, Courage

**Kindness:** Generosity, Service

**Gentleness:** Compassion, Humility

**Peace:** Respect

**Goodness:** Creativity, Responsibility

**Self-Control:** Justice, Forgiveness

# GOODNESS

## LISTEN:

[Goodness of God](#) – a modern song that speaks of God’s goodness.  
[Amazing Grace](#) – A traditional hymn that talks about God’s grace and goodness.

	Key message	Bible	Engage and Response: Christians believe...
1	<b>Fruit of the Spirit: Goodness</b>	<b>Galatians 5 v 22 and 23</b>	What do you think goodness means? It’s more than just ‘being good.’ <a href="#">Watch this video.</a> Goodness means doing what is right, even when it is difficult. The Bible says that God is good so for Christians growing in goodness means becoming more like God. We will talk over the next few weeks about goodness and how we can grow in it and how we can show it to others. If you’d like to, pray and ask the Holy Spirit to help you grow in goodness.
2	<b>Why should I be good?</b>	<b>BBC</b>	Follow this BBC assembly plan to help children answer the question: why should I be good? <a href="https://www.bbc.co.uk/teach/school-radio/articles/zd778hv">https://www.bbc.co.uk/teach/school-radio/articles/zd778hv</a>
3	<b>God’s goodness – the world</b>	<b>Creation: Genesis 2:4-20</b>	Christians believe that God’s goodness can be seen in the wonderful world he has created. <a href="#">Watch this video.</a> Talk about all the wonderful animals and plants in our world. Christians say that God is the one who provides for us, and we should show we are thankful by taking care of what God has given. He has given us the world to enjoy, and there is so much in it for us to enjoy! Listen to <a href="#">Louis Armstrong’s What a Wonderful World</a> and reflect on all that he sings about.
4	<b>Surely goodness will follow me?</b>	<b>Psalms 31:19 Psalm 23:6</b>	Read the two verses from Psalms (suggest using Easy-to-read version on Bible Gateway). What do you think it means when The Bible says that goodness will follow me all the days of my life? I wonder... if you would like goodness to follow you all the days of your life. What does that look like to you? Remember how we explained goodness: it’s doing the right thing, even when it’s difficult. We won’t always get it right first time, but that’s okay – it takes time to grow goodness! If you’d like to join to, use the EXAMEN prayer to reflect on goodness. 1. GIVE THANKS for God’s goodness in the world. 2. ASK FOR HELP in thinking about ways you could grow goodness in your life. 3. REFLECT on this Bible verses. 4. SAY SORRY for the times you have made wrong choices. 5. DECIDE if you would like goodness to ‘follow you.’



<b>5</b>	<b>Showing goodness to each other: A parable from Jesus</b>	<b>The Parable of the Two Sons:</b> <b>Matthew 21:28-46</b> Hey-O! p324	Today's story is told by Jesus, and it is one of His parables, a story with a hidden meaning. Jesus told a story of two sons who were asked by their father to go and work in his vineyard. I wonder.....what would you do if you were one of the sons in this story? Does it depend on who is asking? <a href="#">Watch this video.</a> One son said, "I will not." But he later changed his mind and went to work. The other son said, "I will, sir," but he never showed up to work. They both changed their minds! The son who said "no," but later decided to obey was more pleasing in the sight of the father than the one who said he would go but did not. What do you think the message in the story is and how does this link to goodness?
<b>6</b>	<b>Showing goodness to each other: A parable from Jesus</b>	<b>Parable of the faithful and wise servant: Matthew 24:42-51</b>	This is another parable from Jesus. In this story, Jesus told his disciples about two servants. He said that one servant acted wisely and faithfully, doing his job properly, even when his master was away. I wonder... what you do differently when no-one is looking? Jesus explained that this servant would be rewarded with increased responsibility. The other servant in the story behaved very differently while the master was away. He chose to mistreat others and, instead of working like he should, he chose to relax, eat, and drink. Jesus warned that there would be punishment for the lazy servant when the master returned. <a href="#">Watch this video.</a> The video tells the story and explains what Christians can learn from the story. I wonder... how does this link to our definition of goodness?
<b>7</b>	<b>Showing goodness to each other: David</b>	<b>David: 1 Samuel 24</b> Lion Storyteller Bible p52, p54. Hey-O! p129, 134	<a href="#">Watch this video.</a> How were David and Saul different? What kind of King was Saul? Saul ends up planning a terrible plan because he was jealous and scared. He didn't know that David was good. Despite what everyone was telling him, David knew the right thing to do in the situation. He knew it was not right to hurt Saul, even though Saul had not treated him well. What was Saul's reaction to this? What does he say to David? What can you learn from this story?
<b>8</b>	<b>Showing goodness to each other: Barnabas</b>	<b>Barnabas</b>	Do you have any nicknames? What would you like to be called? In today's story, we learn about Barnabas. Barnabas was friends with Paul, who wrote about the fruit of the Spirit. <a href="#">Watch this video.</a> Barnabas saw the best in everyone, and he knew Paul had changed. Barnabas had a nickname; he was known as the "son of encouragement." What does this mean? I wonder... if that's a nickname you'd like to be known by? Think about how you feel when someone encourages you. Can you remember a time when this has happened to you recently? Are you the sort of person who always encourages others? Would you encourage someone else, even when they overtake you in a race or score a goal against you in football? Barnabas was the sort of guy who would – he encouraged everyone in whatever they were doing. He exemplified goodness through his support of others.



<b>9</b>	<b>God looks at our hearts</b>	<b>1 Samuel 16:7</b>	Use this idea as a whole school or class collective worship: <a href="https://prayerspacesinschools.com/resources/inside-out-boxes/">https://prayerspacesinschools.com/resources/inside-out-boxes/</a> Sometimes we judge people in the same way we might judge these boxes – we look at the outside, but The Bible says that God looks at people’s hearts and we should do the same. Read the Bible verse from 1 Samuel together. This Bible links to the story we heard about David. I wonder... what it means to look at someone’s heart? Refer to the inside out boxes activity. Goodness comes from within and understanding this can be a step on our journey of growing in goodness.
<b>10</b>	<b>Following God inspires goodness</b>	<b>King Hezekiah: 2 Chronicles 30:9</b> Lion Storyteller Bible p68.	In the Bible, for a time, there seemed to be a long line of kings who did not choose goodness and instead chose to do wicked things. King Hezekiah stands out as one of the only kings who wanted to grow in goodness! He showed goodness through his actions and decrees, and his goodness was rooted in his love for God. <a href="#">Watch this video</a> . In 2 Chronicles 29, Hezekiah became king and reopened the Lord’s temple, cleansed it, and commanded people to worship God again. The Bible says, “He did what was right in the eyes of the Lord.” Out of his love for God, Hezekiah made choices that led all the Israelites to worship God again. His good actions were a result of his heart, a heart that was full of goodness.
<b>11</b>	<b>God’s goodness: He’s got the whole world in His hands</b>	<b>Video</b>	<a href="#">Listen to this song</a> , sung by Christians from countries around the world. What are they singing about? What do they say about God? It is a mix of different Christian worship songs, and they are all singing about God’s goodness! Can you hear the different languages sung occasionally too? If you have time, listen again, and reflect on the words. You might like to pray, reflect quietly, or join in with the singing too. How can we help other people all around the world? What does it mean to be a global neighbour? Here’s a <a href="#">song</a> to sing along to and reflect on what the lyrics mean to us. Are we inspired to help our global neighbours?
<b>12</b>	<b>Thank the Lord for His goodness.</b>	<b>Psalms 107:1</b>	Read the verse from the Psalm together. Christians believe that they should continually thank the Lord because he is good and because His love continues forever. Christians try to do this throughout the day: whenever they think of something good, they remember it is from God and they thank him. They might thank him by saying a prayer out loud, by saying a prayer in their head or by worshipping him by singing or dancing. Listen to <a href="#">this song</a> and you may wish to choose to do one or more of those things whilst you are listening to it.