



What do *you* find  
through church?

# Community

From practical *help when she's needed it most*, to a warm and warm and friendly welcome to church services.



Emma Tarbun, Mum

St Edmund's Church, Southwold

When she became a mum for the first time, Emma and her partner started to take their daughter to family services at St Edmund's church in Southwold, and formed a friendship group that they were soon to rely on more than they could ever have expected.

Her second pregnancy was very difficult, and as well as leaning on her faith for support, Emma found enormous practical kindness from the church community. From dog walking to providing hot meals, from childcare to prayers for the health of her and the baby, the friends she had made through church rallied round when she needed them most. Thankfully, her son was born healthy and now the family regularly attends the family services, in church and online.

