

# KAGERA LENT CHALLENGE 2021

Please send in the money you have collected, or as much as you can spare.

You can make your donation online at [www.cofesuffolk.org/bishops-lent-appeal](http://www.cofesuffolk.org/bishops-lent-appeal)

**OR** you can pay by Bank Transfer (BACS) using  
Sort Code: 16-22-17 Account No: 12190112  
Account name: St Eds & Ips DBF Reference: Kagera Lent

**OR** by post to:  
Kagera Appeal, St Nicholas Centre, 4 Cutler St, Ipswich, IP1 1UQ  
Please make your cheque payable to St Eds and Ips DBF  
and write 'Kagera Lent Appeal' on the back.

### Make your donation worth 25% more at no extra cost to you!

If you are a UK taxpayer, you can use Gift Aid to make your donations go further. We can claim 25p tax on every £1 that you give and it won't cost you a penny more - all you need to do is complete the form below and send it to the address above.

*giftaid it*

I authorise St Edmundsbury and Ipswich Diocese to treat: *(tick one)*

the enclosed gift of £ ..... as a Gift Aid donation  
 my gift of £ ..... sent by BACS as a Gift Aid donation

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid reclaimed on all my donations then it is my responsibility to pay any difference.

Title ..... Initials ..... Surname .....

Home address .....

Postcode .....

Signature ..... Date .....

For more information visit [www.cofesuffolk.org/kagera-link-diocese](http://www.cofesuffolk.org/kagera-link-diocese)  
or email [kagera@cofesuffolk.org](mailto:kagera@cofesuffolk.org)

## KAGERA LENT CHALLENGE 2021 – Supporting key workers in Kagera

Through the Bishops' Lent Appeal we are celebrating and enriching our link with the diocese of Kagera in Tanzania, and supporting key workers there. Follow the Lent Challenge to:





- ◆ learn more about life in Kagera
- ◆ pray for our brothers and sisters there
- ◆ raise money to help them improve their lives.

Don't worry if you miss some days or can't give all the amounts suggested – just do whatever you can and enjoy the challenge.

February 17	Ash Wednesday Pray for everyone who is starting on this Lent Challenge today. Praise the Lord for the Lent Appeal! Bwana asifiwe!
18 Thurs	In Kagera, beauty is seen in a successful harvest of maize or beans, not in a display of flowers. <i>Give 50p if you were given or gave flowers on Valentine's Day. (Give 10p if you were given vegetables!)</i>
19 Fri	 People in Kagera love to sing and dance to welcome visitors and for special events, traditionally using drums and whistles. <i>Give 10p for each musical instrument in your house.</i>
20 Sat	The pandemic has taught us to recognise and appreciate key workers. In Kagera there is no rubbish collection, no postal, supermarket or milk deliveries. There are no care homes. <i>Give thanks for all the key workers who have supported us here and give 10p for every one you know. If you are a key worker yourself, thank you – take a day off from giving.</i>
21 Sun	Lord, we ask for your blessing on all who offer loving care to their neighbours and who work to sustain and build community.



## KAGERA LENT CHALLENGE 2021


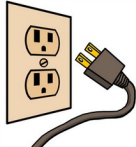




Feb 22 Mon Fairtrade fortnight	Coffee is grown in parts of Kagera and in neighbouring Rwanda. <i>Give 5p for each jar or packet of Fairtrade coffee in your cupboard. Give 10p if it's not Fairtrade.</i>	
23 Tues	Staple foods in Kagera are banana, maize, cassava and beans. Tomatoes, carrots and cabbages are also grown. How many different vegetables have you eaten this week? <i>Give 10p for each variety.</i>	
24 Wed	Peanuts are a good cash crop in Tanzania, helping people to pay for things like school fees. <i>Give 5p for each packet of nuts in your house – include nuts for cooking and nibbling.</i>	
25 Thurs	 Climate change means that rainfall is very uncertain, so crops may die for lack of water. The Church and Community Mobilisation Process (CCMP) is teaching farmers to use drip-feed irrigation to give their crops a steady supply of water. <i>Give 10p if you have a garden tap, 10p for each hose or sprinkler.</i>	
26 Fri	Another good cash crop for farmers in Kagera is avocado. Gadi sells them by the sackload to drivers taking empty trucks back from Burundi to Dar es Salaam. <i>Give 20p if you have ever enjoyed guacamole. Give 50p if you don't like avocados.</i>	
27 Sat	 To combat deforestation in Kagera, CCMP planted over 350,000 trees last year. Many churches have set up their own tree nurseries. <i>Give 5p for every tree in your local churchyard. Encourage your PCC to plant more!</i>	
28 Sun	In this climate emergency, Lord, we come to you to relearn how to care for the earth you have made and everything in it.	

## KAGERA LENT CHALLENGE 2021

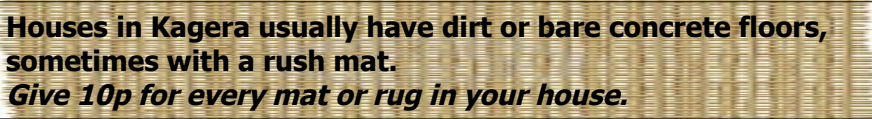
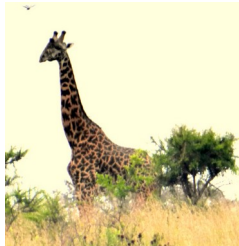




March 29 Mon		Asante means Thank you in Swahili. How many languages can you use to thank people? <i>Give 10p for each language.</i>
30 Tues	Priests and evangelists in Kagera go out to remote villages in their parishes, visiting parishioners, preaching and teaching. <i>Give 20p for each church leader who has helped you on your Christian journey.</i>	
31 Wed	Friendships across boundaries are valuable for our growth. They help us to love and be loved. <i>Give a thanksgiving donation for your friends.</i>	
April 1 Maundy Thursday	 Walking on the dusty red paths in bare feet or flip flops, like many people in Kagera, makes it very difficult to keep your feet clean. Let us learn from Jesus' humility in washing his disciples' feet. <i>Give 10p for every pair of flip flops or sandals in your home.</i>	
2 Good Friday	As we remember that Jesus died for us all, let us join in prayer with the people of Kagera for the coming of his Kingdom on earth as it is in Heaven.	
3 Holy Saturday	Give thanks for all you have learned through this Lent Appeal. Tumshukuru Mungu! Thanks be to God!	
4 Easter Sunday	<b>CHRIST IS RISEN!</b> ALLELUIA!	






## KAGERA LENT CHALLENGE 2021

March 22 Mon  World Water Day	Most houses in Kagera do not have a mains water supply. Christian Engineers in Development have partnered with CCMP to teach people how to build rainwater tanks. <i>If you collect rainwater, give yourself a pat on the back. If not, give 50p to help build another tank in Kagera.</i>	
23 Tues	Many families in Kagera can't afford mains electricity – even if it is available. <i>Give £1 in thanks for your electricity supply. Deduct 50p if you have solar panels.</i>	
24 Wed	In Kagera clothes are washed in running water down at the river. <i>Give 10p for each time you used the washing machine last week.</i>	
25 Thurs	Catering for large crowds at weddings and other events is every woman's work in Kagera. Huge cauldrons sit over charcoal or wood fires and delicious food is served from large buckets. <i>Give 5p for every saucepan in your house – large or small.</i>	
26 Fri	When rains come in Kagera they can be torrential, washing away the crops. Grass roofs offer little protection from torrential rains. <i>Give 20p for every umbrella in your home.</i>	
27 Sat	Don't forget to put your clocks forward tonight! In Tanzania, time is usually counted from sunrise at 6am, so our 7am is their 1. What time would your church service tomorrow be in Tanzanian time? <i>Give 10p for every clock or watch you have to alter tonight.</i>	
28 Palm Sunday	Today the crowds welcomed Jesus into Jerusalem, waving palm branches. Brightly coloured kangas are waved to add colour to everyday worship in Kagera.	




## KAGERA LENT CHALLENGE 2021

March 1 Mon	<b>Houses in Kagera usually have dirt or bare concrete floors, sometimes with a rush mat.</b> <i>Give 10p for every mat or rug in your house.</i>	
2 Tues	Sweeping red dust out of the house and fallen leaves off the path is a daily chore in Kagera. <i>Give 10p for every brush in your household.</i>	
3 Wed  World Wildlife Day	During the Rwandan genocide in 1994, over a million refugees fled over the border into Kagera. The countryside was devastated and much of the wildlife disappeared. Now native species are being reintroduced into the area. <i>Give 10p for each kind of wild animal you have seen recently.</i>	 
4 Thurs  World Book Day	Last year St Edmundsbury Cathedral donated over 200 books to the library at KCTC. <i>Give 50p for every book you buy this month, and 10p for every book you read.</i>	
5 Fri  World day of prayer	 'As o'er each continent and island The dawn leads on another day; The voice of prayer is never silent, Nor dies the strain of praise away.' <i>Financial giving is a form of prayer. Make giving part of your prayer today.</i>	
6 Sat	Illiteracy levels are high in villages in Kagera. <i>Give 1p for every year of your life since you learned to read.</i>	
7 Sun	Pray for Bishop Darlington, leading his Diocese to achieve its vision of 'Life in its fullness' (John 10:10).	

## KAGERA LENT CHALLENGE 2021

March 8 Mon International Women's Day		Behind every thriving church in Kagera there's a powerful Mothers' Union branch. More than a fifth of the worldwide membership of the MU is in Tanzania. <i>Give 10p if there's a MU branch in your church. Give 20p if there isn't.</i>
9 Tues		Dr Christian Ruzige is studying surgery in order to become a specialist at the Diocesan hospital in Murgwanza. <i>Pray for him, and give 50p for every further education course you've completed.</i>
10 Wed		In Kagera, malaria and other diseases are endemic. The simplest malaria medication costs £3 for children, £4 for adults, and most struggle to find enough money. <i>Could you pay for malaria medication for someone today?</i>
11 Thurs		At the hospital in Murgwanza sometimes they have to wash bedding by hand because it is cheaper than using the electric washing machines. <i>Give 50p if you have a washing machine and can afford to use it.</i>
12 Fri		There are no GP surgeries in Kagera, but at Murgwanza hospital there are four doctors to treat outpatients as well as inpatients. <i>Give 10p for every doctor at your surgery.</i>
13 Sat		It costs 5,000 shillings to see a clinician at Murgwanza hospital, 10,000 for a doctor. That's £1.50 or £3 – more than a day's income for most. <i>Can you pray for someone who is being treated in Murgwanza today and pay for their consultation?</i>
14 Mothering Sunday		Pray for mothers everywhere, especially new mothers and those struggling with illness or deprivation.

## KAGERA LENT CHALLENGE 2021

March 15 Mon		At Kagera Christian Theological College (KCTC) there are three full-time lecturers. Next year they are hoping for 50-80 students. How many teachers did you have at school? <i>Give 10p for each one you fondly remember.</i>
16 Tues		Pastor Phocas and his team have done great work refurbishing the facilities at KCTC – they've bought new mosquito nets and mattresses, improved the kitchen, and dug a new toilet. <i>Give 50p for every home improvement you've made in the past year.</i>
17 Wed		Pastors in Kagera diocese live in some very remote areas, so that motor bikes are a great help in reaching their parishioners. <i>Give 10p for each car or bike in your household.</i>
18 Thurs		There are no recycling facilities in Kagera, but people re-use many things. Water bottles can be used for drip feeding, bottle tops for making mats, bicycle tyres as toys. <i>Give 50p in thanks for the support for recycling in the UK. Give £1 if you don't recycle or re-use as much as you could.</i>
19 Fri		For priests and many others in Kagera a mobile phone is a vital means of communication, but it's a struggle to pay for airtime. <i>Give 10p for each kind of digital communication you use.</i>
20 Sat UN International day of happiness		Today our Diocesan Synod meets. <i>Give 20p for every happy committee you serve on. Pray for the unhappy ones.</i>
21 Sun World Poetry Day		Sing the first verse of 'How sweet the name of Jesus sounds' in Swahili. It's easier than it looks - just be sure to pronounce each syllable.

*Jina lake Yesu tamu;  
Tukilisikia  
Hutupoza, tena hamu  
Hutuondolea.*