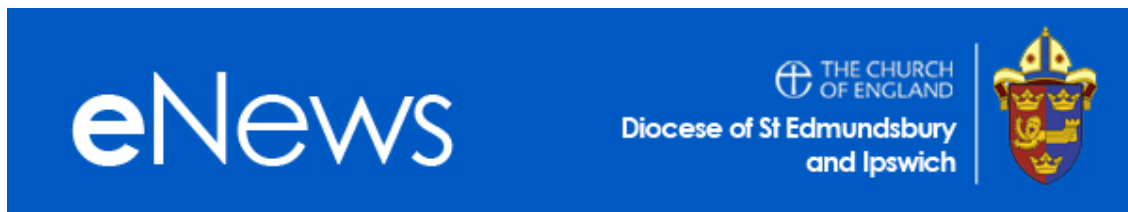


Our regular round up of news and forthcoming events from our diocese

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## Thursday 10 November



### Remembrance Services

Bishop Martin says *"Once again we gather to remember the fallen from the Great War and the Second World War. But even as our direct contact with these Wars through family and friends decreases, the reasons for remembering seem to increase in our deeply troubled world. This year our remembrance and gratitude for the sacrifice of those who lost their lives in the two World*

*Wars will take place while a devastating war is being fought on European soil, in Ukraine.*

*We are witnessing close at hand the horror and futility of war, and we are all acutely aware of the danger and human cost as we reach out to those who are suffering. As I share in the Remembrance Service at the War Memorial in Christ Church Park, Ipswich, and we recall all those who lost their lives and those who suffered terrible injury in war, I will be praying even more fervently for peace in our world".*

Bishop Mike will be at St Peter's Church, Elmsett. and he says: *"Remembrance Sunday is a significant date as we mark the debt we owe to the brave women and men of the armed forces. Now more than ever with war as close by as in Europe we recognise those who keep us safe against military threat, conflict and instability and indeed those who have previously sacrificed themselves through world wars and other conflagrations, enabling us to live in freedom and peace.*

*It is heartening to see how the season of Remembrance continues to grow in popularity across the country, and how this remembrance spans the generations, as people express their gratitude for such sacrifices at this time. As we give thanks, we also remember the horrors of armed conflict, redoubling our determination to do all we can to promote peace and reconciliation and avoid war. Remembrance services are an important part of the way in which we express all of this."*

### Community fridge serves up successful way to combat food waste

Saxmundham Community Fridge looks to overcome the rising problem of food waste while providing support to those feeling the brunt of the cost-of-living crisis.

The twice-weekly event is run by volunteers and sees unsold food from supermarkets and



bakeries – together with donations from local allotment owners – given away for free.

Marion Hedley Lewis, a member of St John's Church, set up the project in March 2021. It is now supported by the church, the Suffolk Community Foundation and the environmental charity Hubbub. She said: *"It has exploded recently – we have grown dramatically and have around 40 to 50 people visit us each session. We've*

*now had more than 1,500 visitors since we relaunched at our new high street venue in June. I love the fact it is a leveller – it doesn't matter how much you earn. Anyone can come."*

Read the full story [here](#).

### Christmas resources:



**Doorstep Carols 2022:** Sing along with Radio Suffolk on 14 December from 6.00pm - 7.00pm. We are delighted that Radio Suffolk are again partnering with us to organise carol singing on doorsteps across the county to spread some much-needed cheer and raise funds for local charities. Deliver carol sheets in your area and encourage everyone to join in. You could even combine this with Inspiring Angels (see below) by donning wings and halos for the occasion! You will find invitations/carol sheets which you can customise by

adding your own local Christmas information [here](#). We look forward to singing with you on the day!

**Inspiring Angels:** We are hoping that angels in a variety of shapes and sizes will appear all over Suffolk - in schools, shops, on public buildings, on the pavements, in bedroom windows, wherever people's imagination takes them! To find out more visit our website [here](#).



Beccles Parish is launching 'Angel Rocks'. from Monday 19 December until Christmas Eve - they are hiding 200 Angel rocks around Beccles, Worlingham, North Cove and Barnby. If you find one, take a photo and send it in. You can keep the Angel rock as you prepare to celebrate Christmas or give it as a gift to someone else.

**Follow the Star - The Great Invitation:** The Church of England resources invite your community back to church this Christmas. Find out more on the national website [here](#).

Please advertise your Christmas activities on 'A Church Near You' website [here](#).

**St Edmundsbury Cathedral:** Offering an array of festive activities, key highlights are detailed below:

24-26 November, 10.00am to 4.30pm	Christmas Market
28 and 30 November, 10.00am to 12.00pm	Advent at the Cathedral - slowly lighting the way through the Cathedral with prayer, hymns and readings
10 December, 7.00pm to 9.00pm	Christmas with the Cathedral Choir - Join the Cathedral Choir for a special festive evening of much-loved carols, hymns and songs
18 December, 5.30 pm – 6.30 pm	Longest Night Service - music, carols and quiet reflection to remember those for whom Christmas may be difficult
19 and 20 December, 10.00am – 12.00pm	Children's Activities - Family Christmas-themed craft activities
23 Decemeber, 7.00pm to 8.30pm	Nine Lessons and Carols - a traditional service of carols and readings
24 December, 2.00pm – 2.30pm and 3.30pm – 4.00pm	Crib Service - a 30-minute service for families, telling the Christmas story with carols and candle lighting
24 December, 11.00pm – 12.30am	Midnight Mass - The First Eucharist of Christmas

### Growing in God Growth Fund grants:



**Don't miss out:** the diocesan Growing in God Growth Fund is offering grants to help you and your church reach out creatively to encourage sharing of the

Christian faith and so grow our church family in number. Grants are still available for 2022 so you could buy copies of the Follow the Star Christmas booklet to post through doors or you could fund Christmas goody bags and angel crafts. Just this week we had a request to fund the launch a new youth club in December. This is a great opportunity to access funds quickly and easily - the application process only takes minutes, and you could receive your money within a week or so!

The £35k fund will also be available in 2023 so you could apply now for things you are planning in the new year and beyond. Grants of up to £1,500 are available, for more information and the application form please visit our page [here](#).

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### Events

### Doctrine

16, 23 and 30 November and 8, 14 and 21 December 2022, by Zoom

Join this six-session online course unpacking the Apostles' Creed so we can apply this to our own lives and draw others into a deeper experience of God. Bishop Mike has a unique way of expressing deep truths in memorable ways that make us both chuckle and think!

Subjects include God, Jesus, The Cross, Resurrection, Holy Spirit and Eternal Life. £25 for the whole course (free to those who undertake this as initial training on our Auxiliary Ordination Pathway). For more information and to book please click [here](#).

### **Modern Slavery & Human Trafficking**

14 November 2022, 7.30pm - 9.00pm

Christ Church, Grange Farm Avenue, Felixstowe, IP11 2XD

Join Felixstowe Town Pastors and Mark English, Modern Slavery Group Coordinator for Norfolk & Suffolk Constabularies to learn more about at Modern Slavery. This evening is open to anyone to attend and is free of charge. Please register your place by emailing Clare at [coordinator@felixstowetownpastors.org.uk](mailto:coordinator@felixstowetownpastors.org.uk)

### **Messy Church Messtival**

Saturday 19 November 10.00am - 12.00pm

St Matthew's Church, Ipswich IP1 2EX

Come along for a messy morning of fun at St Matthew's Messy Church Messtival! Enjoy cake, crafts, stories and more. Entry is free of charge and free parking is available at St Matthew's School.

### **Seeing Salvation: Art and the Spirituality of Ministry**

Saturday 19 November 2022 9.30am - 3.30pm

Salvation Army Hall, 3 Violet Hill Road, Stowmarket IP14 1NE

The saying goes: a picture is worth a thousand words. St Ignatius of Loyola recommended 'praying with the senses' as a way of going deeper into scripture and into encounter with the living God. With the help of artists Sieger Köder and Stephen Foster, Gemma Simmonds reflects on praying with images and on the spirituality of ministry in an image-conscious age. Open to all Readers, LLMs, Elders and Lay Ministers in training. Although this event is free, [please register here](#) so that we can make provision for refreshments.

### **Come and Sing**

Saturday 19 November

St John's, Cauldwell Hall Road, Ipswich IP4 4QE

Cantus Firmus Choir are holding a Come and Sing day from 10.00am to 4.00pm, led by Richard Hubbard, St Edmundsbury & Ipswich Music Development Director. The day is open to all singers and will explore extracts from two contrasting choral works: Haydn's popular oratorio *The Creation*, with its effervescent and energetic choruses, and Andrew Carter's imaginative *Benedicite*, written in 2001, which combines imaginative settings of the traditional text from the Book of Common Prayer with creative new additions in a variety of styles. Advance booking is essential. Full details can be found [here](#).

### **PCC webinars:**

Wednesday 16 November, 7.30pm	Diana Spencer, Eastern Region Engagement Officer, Church of England's Bats in Churches team.	Offering advice on bats in churches.
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Book <a href="#">here</a>		
Wednesday 23 November, 7.30pm	The Venerable Dr David Jenkins.	Focusing on alternative uses for churches in addition to regular worship.
Book <a href="#">here</a>		
Wednesday 30 November, 7.30pm	Edmund Harris, DAC Secretary.	Presentation on faculties, the DAC and church buildings in general.
Book <a href="#">here</a>		

### **The Bury Bible Up Close**

Saturday 3 December, 10.30am - 12.00pm, Zoom

St Edmundsbury Cathedral have partnered with the Fitzwilliam Museum in Cambridge to host a virtual seminar focusing on the Bury Bible. The seminar will feature Edward Cheese, Suzanne Reynolds, and Paola Ricciardi as key speakers. To book a place, [please click here](#).

### **Christmas with the St Edmundsbury Cathedral Choir**

Saturday 10 December 2022, 7.00pm - 9.00pm

St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

Join St Edmundsbury Cathedral Choir in a special festive evening of much-loved carols, hymns and songs for Christmas! The boy and girl Choristers, together with the adult singers of the choir, will be performing a range of wonderful music for the season, together with plenty of opportunity for you to join in. To purchase tickets [please click here](#).

### **Youth Work Essentials Training Course**

Tuesdays January 10, 17, 24, and 31, February 7, 21, and 28, March 7, 14, 21, 7.30pm - 9.15pm

Earl Stonham Village Hall, Forward Green IP14 5HJ

Youth Work Essentials is an innovative new course for volunteer youth leaders that increases your skills and confidence about work alongside young people. It's great for churches looking to start youth work or for those 'already volunteers' looking to gain some more skills and confidence. We can even tailor sessions to suit you and your needs! This course will have volunteers from all over the diocese so we can learn from each other's situations as we go through the material together. Please contact Matt on [matt.levett@cofesuffolk.org](mailto:matt.levett@cofesuffolk.org) to find out further details. To book, [please click here](#).

### **Enhancing Pastoral Ministry - Refreshed!**

Wednesdays 11 and 25 January, 1 and 8 February, and 1 and 15 March 2023, 7.30pm - 9.30pm

Earl Stonham Village Hall, Forward Green IP14 5HJ

A six-session course for people who are involved in pastoral care (for example, Readers,

Lay Elders, clergy, pastoral visitors) as well as those interested in a deeper understanding of this ministry. Cost is £25 for the whole course, but free to those who undertake this as initial training as an Elder or part of the Auxiliary Ordination Pathway. CMD grants are available to LLMs and clergy, please contact Lesley Steed at [lesley.steed@cofesuffolk.org](mailto:lesley.steed@cofesuffolk.org). To book your place on this course, please [click here](#).

### **Living your life with God**

Starting 28 February 2023, 7.00pm - 8.30pm

Brother Lawrence wrote about how he lived his Christian life in the 1600s and his very slim work "Practicing the Presence of God" has been massively popular ever since not because he was a great thinker, a gifted speaker or a talented writer, but because of the way he lived his life and the profundity, depth and wisdom of his insights. Through Lent Bishop Mike (and an occasional guest!) will be offering five Zoom sessions looking at how his insights can be applied in everyday life, with plenty of room for discussion on the way. To book your place [please click here](#).

### **BIG Weekend**

Friday 14 April 2023, 6.00pm – Sunday 16 April 4.00pm

Sizewell Hall, Sizewell, Leiston IP16

Matt Levett, Diocesan Youth & Young Adults Officer, invites you to the BIG Weekend - a weekend of craziness, worship, games and friendship all focused around learning more about living as a Christian in the C21st. Organised by a team of experienced youth workers from around Suffolk it offers young people the opportunity to come together and make new friends. Ask members of your youth group if they would like to come along. The age range is from school years 7-13. Whilst it is Christian in ethos and focus you don't have to call yourself a Christian to be able to attend and have fun! To find out more and to sign up [please click here](#).

### **Environment Webinars - Net Zero Carbon**

The Church of England is offering a series of webinars designed to support and equip you to reach the Church's ambitious "net zero carbon" emissions target. For all the details [click here](#).

### **Notices**

**Support for churches this winter:** the Church of England has provided guidance for benefices to deal with the coming winter:

[Guidance on temporary closure](#)

[Guidance on energy-saving measures](#)

**Royal Mail Swap Out scheme for stamps without a barcode:** From January 31 2023 ordinary 1st and 2nd Class stamps without a barcode will no longer be valid and mail will be treated in the same way as insufficient postage. After this date you will be able to 'swap' your old stamps via Royal Mail's Swap scheme by obtaining or downloading a form to be returned via Freepost SWAP OUT. You cannot swap stamps at the Post Office. For further information [please click here](#).

## Vacancies

[Nominations Committee Member](#) | St Edmundsbury Cathedral

[Cook/Chef](#) | St Edmundsbury Cathedral

[Rector](#) | Glem Valley United Benefice | Closing date 11 November

[Priest in Charge](#) | St Margaret's Church, Ipswich | Closing date 15 November

[Rector and Rural Dean](#) | Claydon and Barham, Great Blakenham and Henley | Closing date 5 December

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Diocese of St Edmundsbury and Ipswich  
St Nicholas Centre, 4 Cutler Street, Ipswich  
Suffolk, England IP1 1UQ  
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