## The Suffolk Discipleship Pathway

**Fruit** – People continue to grow as disciples within some form of Church which could be a parish church or fresh expression of Church. The word fruit conveys on-going development and giving to others in witness and service.

For example: Parent and Toddler discipleship group grows from Alpha.

**Flowering** – Opportunity to find out in depth about Christianity and to commit. Taken up by fewer people so may join up with other small groups or parish activity to provide this.

For example: Alpha with Toddlers.

**Nurturing** – People who have been part of sowing can be invited to join an activity which involves opportunity to explore faith at some level (not all may say yes – so smaller size).

For example: Praise and Play offered to the parents in the Parent and Toddler Group; Messy Church.

**Sowing** – A small group connects with people and shows the love of God by enjoying mutual interest or meeting a need.

Low spiritual content – wide appeal.

For example: Small team starts Parent and Toddler Group.



The Suffolk Discipleship Pathway is a way of describing the steps that most people take on their way to discovering and growing in faith. It helps churches and small groups to think about how they can provide stepping stones to faith for the people they are in contact with.

Based on Sowing, Reaping, Keeping model. (Lawrence Sunglehurst's acclaimed book of the same name and developed by Fresh Expressions in MSM course.

